

Paris, Germany, and the Alps

June 2009



Important Things We Need To Collect:

- Copy of Passport
- Behavior contract (students only)
- Medical release
- Telephone chain chart
- Tip money: \$4 per day cash (\$32)

ALL participants are only allowed one suitcase – 24” to 26” (a rolling one helps) and one carry on bag (backpacks work best).

Meeting: October 14, 2008, 6:30 p.m., Room 106

Student Behavior Contract

Paris, Germany, and the Alps

Parents and students must sign the following student contract before the airline tickets are released. Please carefully read and discuss before signing that you agree to abide by its terms and conditions.

I will without complaint, follow any instructions and rules given to me by Mrs. Bonesteel.

I will stay with the group and not wander off on my own or with others. I will always be with at least one other person.

I will be responsible for my own belongings and my own money.

I will not bring or buy alcoholic drink, pornography, weapons, matches or lighters, fireworks, cigarettes or illegal drugs, or other illegal or inappropriate items on the trip. Mrs. Bonesteel is the ultimate judge of 'inappropriate.'

I will not drink alcohol, smoke, or take any illegal substances.

I will not take any medication unless given permission by Mrs. Bonesteel or a medical doctor.

I will abide by the nightly curfew.

I will maintain a cooperative demeanor and treat other travelers with respect and understanding.

I will not enter the hotel room of the opposite sex (not a family member); I will not allow members of the opposite sex (not a family member) to enter my hotel room. I will not hold hands, kiss, or make out with anyone at any time.

STUDENT SIGNATURE: _____ DATE: _____

I, the undersigned, do understand and agree to the preceding behavioral contract for my son and/or daughter. In the event that Mrs. Bonesteel removes my son or daughter from the trip, I will immediately purchase an airline ticket for the next available flight so that he or she can return home as soon as possible. I will abide by Mrs. Bonesteel and the EF Tour Guide's decision.

PARENT OR GUARDIAN SIGNATURE

DATE

Traveler_____

I hereby authorize Sandra J. Bonesteel or _____ to seek and or produce medical treatment for my son and/or daughter during the June 2009 trip. This medical treatment includes, but is not limited to the following: x-rays, setting of broken bones, antibiotics, stitching and removal of stitches, any diagnostic tests, medicinal flu or cold symptom relief, medicine for earaches or fevers and any lifesaving measures necessary; such as transfusions and or machine assisted life support. I understand that Sandra J Bonesteel will try to contact me for consultation in case of emergency. If this is not possible, she is authorized to seek and obtain any medical treatment for my son or daughter. I authorize Sandra J Bonesteel to make medical decisions until I can be reached.

PARENT/GUARDIAN_____DATE_____

MEDICAL HISTORY/ CONDITIONS/ALLERGIES/COMMENTS:

HEALTH INSURANCE INFORMATION:

MY CHILD WILL CARRY THE FOLLOWING MEDICATIONS ON THE TRIP:

Telephone Chain Chart
Paris, Germany and the Alps

Please supply the following information in order for us to fill out a telephone chain chart to be used while we are on our trip to communicate potential changes in our itinerary. Copies will be provided for each family.

Traveler's Name: _____

Emergency Contact Name: _____

Contact's Daytime Phone: _____

Contact's Evening Phone: _____

If the contact person is someone other than a parent, please provide information where a parent can be reached in case of an individual emergency.

June 2009
Paris, Germany and the Alps

- ✿ Meet at the ticket counter two hours before departure. Have your tickets and a passport. Please keep them safe while we wait. Remember that you are allowed one suitcase and one carry on. Your carry-on must be able to fit under the seat in front of you or in the overhead compartment (we recommend a backpack). Please make sure both bags have your name and address clearly labeled on them and also tape this information inside the bag.

- ✿ **Hotel:** We will have the hotel information that includes telephone numbers and addresses. One copy should be kept at home and one copy should be kept with each traveler at all times during the trip. While in the hotel we expect exemplary behavior! There is no running in the hall or stairways. The noise level in the rooms and halls must reflect respect for the other guests in the hotel. You are responsible for picking up after yourself, and remember not to throw anything down the toilets. Do not throw anything from balconies or stairways. Do not yell or talk across balconies. You will have to pay for any damage you cause. If a hotel room or bus is damaged and I cannot ascertain for sure who caused it, whoever was in that room or bus seat will be responsible for paying whether you were responsible or not. It is forbidden to leave the hotel after curfew. We **MUST** know where you are at all times!!!!!!

- ✿ **Telephone Calls:** If you will be carrying a cell phone, please record the number:
Phone cards: check that they are International with country codes provided.

- ✿ Make sure you do not flash your **money** around. Secure it on your body so it cannot be stolen. **NEVER LEAVE YOUR MONEY IN THE HOTEL: ALWAYS CARRY IT WITH YOU.** Carefully compare prices with the bills in your hand and do not overpay. If there is a discrepancy, point it out right away. Do not wait until you leave the store or restaurant. You are responsible for your money.

☀ **Roll Call:** We will call roll constantly throughout the tour, beginning with our departure at the airport. It is vitally important that you remain quiet (not talking whatsoever) during roll call and answer clearly (loudly) and promptly each time we call roll. The sooner we can finish taking roll, the sooner you can begin talking to your friends again. You are not allowed to answer for anyone else. Also, do not treat the roll call sarcastically. Imagine being lost away from Maryland, and you will understand why we are strict about roll call.

☀ **Packing:** The cardinal rule *****Pack Lightly***** suggested checklist for your carry on, wallet and suitcase:

Carry on

- Snacks
- Bottle for water
- Camera and film
- Toothbrush and toothpaste
- Towelettes or washcloths and plastic bags
- Music electronics or whatever you like to listen to (please note that you may not use electronic items during take-off and landing) also you must remove your headphones during roll call.

- Umbrella--micro-weight raincoat
- Chap Stick, lotion, and personal items
- *****NOTE: any prescription medicine must be carried in its original container.
- Kleenex
- Set of Clothing

Suitcase packing:

- Several pair of pants as well as shorts. It can be cool in Germany and Switzerland.
 - Plastic bags for dirty clothes
 - Personal hygiene items – **Avoid pressurized cans**
 - Underwear and socks for each day; there will not be an opportunity to do laundry
 - Batteries – if you brought battery-operated items
 - Shoes – comfortable.
- JUST DO NOT BRING NEW SHOES.**

- **On the Plane**

We expect exemplary behavior! When we board the plane, you must sit in your assigned seat. If you want to switch seats after the captain has turned off the “fasten seat belt sign,” you may do so. Just please be polite and think of others. Do not pester the flight attendants, and be respectful of the other passengers.

- **Do not wake up Mrs. Bonesteel, chaperones, parents, or anyone else if they are sleeping. Emergency situations are, of course, the exception.**

Thanks....

- **Group Travel**

Successful group travel is dependent upon considerate, unselfish behavior of the members of the group—students and adults alike. Above all, be kind and patient with each other. Try to get along with everyone. Remember that every person on this trip is on vacation and paid hard-earned money to have a new experience. There will be NO put downs or making people feel like outcasts.

- **Daily Routine**

A shower each day is highly recommended!! Some people like to shower at night and some in the morning, so discuss this with your roommates. Please refrain from wearing perfumes because there are so many of us, and our lovely scents may clash. Just shower and we should all be fine. Also, keep your belongings neat and together in the hotel room.

- **Curfew**

We will do a bed check each night at 11 or as designated by EF Tours. You should be in your room for the night. Of course, you must never leave your room after we have checked on you. We cannot sleep unless we know all of you are tucked snug in the bed. It is very important that we trust you on this. Your parents also trust you or they wouldn't have let you come. Make them proud by showing how responsible you can be!! You need your rest for the next day's activities, and you will never be allowed to stay back in the hotel to rest. So, get a good night's sleep.

- **Following Directions**

Everyone must pay attention and try to remember the information that is presented. Don't expect your chaperones or adults to do all of your thinking for you. If you do get lost, stay put. One of us will retrace our steps until we can find you.

When we are giving you instructions, listen carefully—don't talk or goof off. We will not yell so you must look at us and pay attention.

- **Meals**

Please use your restaurant manners always. Also, it is very rude to complain about the food—be willing to try new things.

***I am very serious about expecting good behavior. You are old enough and responsible enough to go on a trip of this nature, and we assume you know how to act. Your parents trust you to be careful and responsible—so, make them proud of you by showing that you can do this. My energy will be directed toward your health, safety, and helping you to have fun; and I should not have to discipline anyone.

I am very proud to take you to Europe. It is truly an honor to travel with the most wonderful Student's in the world!!!!

Thanks to you all,

Sandi Bonesteel
sandra.bonesteel@fcps.org